

Pre & Post Care Instructions Enlighten Peel



The image shows a consultation card for the Enlighten Depigmentation System. At the top, the brand name "Enlighten" is written in a large, dark red serif font, with a small trademark symbol. Below it, "DEPIGMENTATION SYSTEM" is written in a smaller, dark red sans-serif font, underlined. The card is titled "Consultation Card" and "PRE TREATMENT INSTRUCTIONS". In the center, there is a photograph of two white jars of the product. One jar is closed, and the other is open, showing an orange-colored peeling mask. Below the photo, there is a disclaimer: "ENLIGHTEN™ Depigmentation System is not intended for home or unsupervised consumer use. It is to be used only by a Licensed Medical Professional, either a physician, an esthetician, or a nurse under a physician's supervision." At the bottom of the card, there is a dark red banner with the text "BEFORE TREATMENT" in white.

Consult with Your Medical Provider and Ensure You Do Not Exhibit the Following:

- Extremely sensitive skin that is easily irritated by most skin care products
- A history of poor wound healing and keloid formation
- Pregnancy or active breastfeeding
- Open wounds, sunburn, infected, irritated or extremely sensitive skin
- Active cold sores, herpes simplex or warts in the area to be treated
- Accutane use within the last 6 months
- Allergies to salicylates (i.e., aspirin), hydroquinone, or any ingredients in this peel
- Dermatitis and inflammatory rosacea
- A history of herpes simplex (must be treated with an anti-viral medication)

Discontinue the Use of These Products 72 Hours Prior to the Treatment:

- Any products containing Retinoic Acid
- Any strong topical acids or exfoliating products containing AHA, BHA or Benzoyl Peroxide that may dry or irritate the skin
- Exfoliating products or devices

PRETREATMENT INSTRUCTIONS

Purpose:

- To build skin tolerance and minimize skin inflammation during the peeling process

Pretreatment is Mandatory if the Following Applies (4 weeks):

- You have no history of using prescription level hydroquinone products 4% and retinol 1.0% products in the last 12 months
- You are treating body areas

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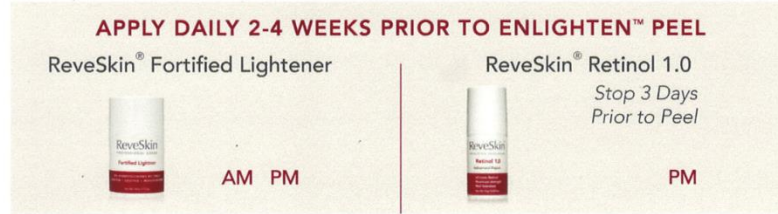
Medical Director: Brianna De Souza, MD, Board Certified Dermatologist

Clinical Director: Rosaly Torres, APRN

Pretreatment is Highly Recommended if the Following Applies (2 to 4 weeks):

- You have moderate to severe photodamage; dermal level melasma & pigmentation
- You have thick, oily and resilient skin
- You have never received any medical grade peels or lasers

Only ReveSkin Products Should be Used for Pretreatment



If you cannot tolerate the active ingredients please reduce the frequency of usage first and then gradually increase.

Pre-Treatment should be extended until your skin can completely handle the products daily without inflammation.

IMPORTANT SAFETY CONSIDERATIONS

Though the irritation level of **ENLIGHTEN™** peeling mask is very minimal, it is common and expected that the skin will be sensitive, red, possibly itchy, irritated and discolored for several days after the procedure. Dryness and tightness are also normal.

In very occasional cases, some patients may experience a rash, swelling and burning. If this occurs, the patient should wash off the peeling mask immediately with cool water and a gentle facial cleanser to neutralize the peel. Use of the skin soothing product will also help reduce redness or irritation.

Always call your medical provider to get help right away if you experience significant problems any time after the procedure.

ENLIGHTEN™ is exclusively available for medical professionals to use and handle only. To find an authorized medical practice near you, please call 1.855.358.9348 or email info@reveskin.com.

LeReve Skin Institute Inc.

Irving, TX 75063 | 1.855.358.9348 | info@reveskin.com

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DAY 1: REMOVE PEELING MASK

Time of application:		Face		Eye Area	
	Time of removal:	Neck & Chest		Other Body Area	

1 Remove the peeling mask with lukewarm water only.

Use a paper towel for face and body areas. Use a cotton pad for under eye areas. **DO NOT USE CLEANSER AND WASHCLOTH.** Avoid contact with eyes.

2 Retinol Essential 1.0%



Apply a thin layer, 1 to 2 pumps on the treated area. Avoid eye area and irritated areas.

3 Fortified Lightener



Apply 1 to 2 pumps on the treated area. Avoid eye area and irritated areas.

4 Post Care #2 SilverMoist Soothing Balm



Apply a thin layer on the irritated, extremely dry areas only as needed.

- Do not leave the peeling mask on longer than the instructed removal time by your medical provider.
- Apply the products at least 30 minutes before you go to bed.

IF YOU EXPERIENCE MODERATE TO SEVERE BURNING OR SWELLING:

1. Immediately contact your provider and check if you can wash off the mask earlier
2. Wash with **Post Care #1 SilverMoist Cream Cleanser** to neutralize the peel
3. Apply **PostCare #2 SilverMoist Soothing Balm** liberally
4. Add **Hydrocortisone 1% Cream** from the drug store if needed
5. **DO NOT** use **ReveSkin® Retinol and Fortified Lightener** until skin irritation is reduced or diminished

DAY 2 TO DAY 28 (MONTH 1)

- Only use the products provided in this kit. Do not use any other cosmeceutical products to avoid complications.

SilverMoist™ Cleanser		Retinol 1.0%		Fortified Lightener		Elegance Shade™ SPF	
AM PM		AM PM		AM PM		AM	

- **Under Eye & Hypersensitive Areas:** Use Retinol 1.0% and Fortified Lightener once a night only.
- Apply more product to severely damaged areas.
- Always apply the products **30 minutes before going to bed.**
- **Avoid foundation.** Choose the shade of **ReveSkin® EleganceShade™ SPF 35+** to camouflage the skin. Use mineral foundation/makeup only if necessary to add on.

SOOTHING AND MOISTURIZING



Week 1 & Week 2:

Apply **ReveSkin® #2 SilverMoist™ Soothing Balm** as needed on dry or irritated areas. **DO NOT** use moisturizing cream.



From Week 3:

Switch to **ReveSkin® SilverMoist™ Cream** that is included in the kit.

- **Avoid direct sun exposure and excessive heat at all times.**
- **Adverse Reaction:** If you experience severe side effects, stop using Retinol and Fortified Lightener. Use **#2 Post Care Soothing Balm** and **Hydrocortisone 1%** from the drug store 3 times a day. Immediately call your provider for help.

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WHAT TO EXPECT	WHAT TO AVOID
<ul style="list-style-type: none"> Redness, darkened skin, slight swelling, dryness, tightness or acne purge are normal, these symptoms are temporary After 1 to 2 days, the skin will begin to flake. Patient will experience visible flaking in week 1, light flakes/peeling in week 2 Patient will begin to see the results after 2 weeks and full results in 4 to 8 weeks depending on your treatment plan 	<ul style="list-style-type: none"> Sun exposure during the peeling process and even after Picking or peeling the skin Heat and excessive sweating in the first 2 weeks, such as hot yoga, saunas, steam rooms, and intense workouts Showerhead spraying directly onto face or treated areas Exfoliating facial washing device

DAY 28: PEELING MASK TOUCH UP OR 2ND TREATMENT

Book a touch up or Enlighten™ Plus 2nd peeling mask appointment with your medical provider for optimal results. Repeat another 4 week home care regimen.

FROM MONTH 2: CONTROLLING REAPPEARANCE

ENLIGHTEN™ PEEL CAN BE REPEATED 3 TO 4 TIMES A YEAR

Use Enlighten™ Post Maintenance Home Care Program daily to prevent rebound pigmentation or melasma in between the peels

MONTH 2+: POST MAINTENANCE HOMECARE PROGRAM

All patients should be off ReveSkin® Fortified Lightener (Hydroquinone 4%) after 5 months and substitute with ReveSkin® DistictBrite™ (Hydroquinone Free Skin Brightener) to avoid resistance, photosensitivity, and phototoxicity.

Hydroquinone Usage Guidelines

Month 1 to 3 (Hydroquinone) Incl. Pretreatment & Enlighten Peel	Month 4 & 5 (Hydroquinone Tapering)	MONTH 6 & 7 (Hydroquinone Off)
 <p>AM PM</p>	 <p>AM PM</p>	 <p>AM PM</p>

Enlighten™ Complete Post Maintenance Homecare Program

1 Brightening Foam Cleanser  AM PM	2 Vital C 20% Growth Factor Serum  AM	3 Retinol 1.0  PM	4 DistictBrite (Hydroquinone Free) or Fortified Lightener  AM PM	5 EleganceShade SPF 35+  AM
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If you have any concerns, please contact us using the following.

Call 813-510-0770 – Business Hours

Text 656-246-0548 – Business Hours

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Text 813-510-0770 – No Business Hours

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